Beauty expert Charla Krupp told of the best beauty switches to make right now that will save you cash, looking at five areas in which you can do at-home treatments to keep up your high-maintenance looks on a low budget.

Women tend to have more time than money right now, so this is the moment to shift into low-maintenance. You can look just as good without spending so much on salon services.

No one, Krupp says, should look worse just because you're watching your beauty bills; you just have to find the quality products, not necessarily the cheapest or even the most expensive ones; you can duplicate the treatments at home.

1. HAIR-
   a. glossing treatments- will allow you to maintain the salon shine and softness at a fraction of the price when you do it at home. Also helps to extend time between highlights. 90bucks in salon vs. $10-$28bucks at home-and get multiple uses
      Fredrik Fekkai salon glaze-$90bucks at salon/$28bucks at home (multiple treatments)
      John Freida luminouscolor glaze-$9.99
   b. hot oil treatments-will allow you to get rid of frizzies and is $50 at the salon for one treatment
      Rene Furtier product-$36/multiple treatments

2. BROWS
   *can be about $50bucks to have them professionally done
   get them done initially-then daily maintenance at home
   a. Senna cosmetics-stencil kit-$42
   b. MAC brow finisher-$15
   c. Tweezerman tweezers-$20

3. MANICURES-PEDICURES
   *Can range from $40bucks on low end to $75 on high end
   At home:
   a. Ped-egg-cheap exfoliator $13
   b. MissOops pedicure in a bottle-(exfoliates, smoothes and hydrates) all in one-$18
   c. Nail Colors-OPI/Essie-$8/per bottle to high end Chanel-$30:lighter colors for hands/have more fun with toes and brighter colors

4. TANNING
   *Can be about $125 at the salon
   a. St. Tropez self tanner-whole kit/$37.50
   b. Jergens natural glow express-*takes about 3days/$7.99
   c. DuWop Revolution-*$28/moisturizer

5. Facials
   *can be about $90 on the low end to $300 on the high end/4x a year-very pricey!!
   *it is important not to go to cheap w/harsh kernals on your face-you will damage your skin
   a. Olay Regenerist Microderm-$25
   b. Avon Anew Clinical-Advanced dermabrasion system-$28
   c. Clarins Bright Plus-$42/tube-seems pricey, but please remember you want professional results at a fraction of the price.