

## 5 Popular Dating Myths- Busted!

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Don't fall into this trap!!!

*Most people believe that...*

**#1 OUTSIDE THINGS DETERMINE YOUR DATING SUCCESS,  
NOT INSIDE ONES:**

Myth: Most experts say that you should focus on transforming outside things like your appearance, smell, using pleasing strategies & manipulation to win over the opposite sex.

The truth is... It is even more important to look inside yourself and examine your dating psychology. Release your negative beliefs about the opposite sex and relationships, develop a positive attitude about yourself and dating, be clear about what you most want and

deserve to create in a relationship and you will achieve more powerful long-term results in a than from doing the above external strategies.

## #2 DATING IS A MISERABLE PROCESS, NOT A TRANSFORMATIVE ADVENTURE:

Myth: Dating is a miserable but necessary process that is tolerated in order to find a partner that you will marry.

The truth is... Dating can be a lot of fun and you can learn a lot from meeting different people. It can be an access to personal transformation through learning about yourself and the opposite sex, whether or not you marry.

## #3 DATING STINKS BECAUSE OF THE OPPOSITE SEX:

Myth: You think the opposite sex is the problem. They don't want marriage, they want to play the field and spread their seed, they do not take your feelings seriously etc. and THAT is the problem with dating.

The truth is... More often it is you who blocks love from within by putting those negative limiting beliefs in the way of finding a great partner for you. You need to be willing to take responsibility

for how you may be getting in your own way and clear the way to create a wonderful partnership.

#### #4 LOVE SHOULD JUST HAPPEN TO YOU

Myth: Love will happen when you least expect it and you do not have to do anything...in fact it is better NOT to focus on it.

The truth is... You put effort into the things that you care about- your image, your job, your friendships...why not your love life? It is rare to meet someone while you are at home watching television. It COULD happen but you should not count on it. If you really want to have a relationship, then take action and walk your talk.

#### #5 'YOU SHOULD ACT 'CERTAIN WAYS' TO CATCH A MATE, EVEN IF THEY'RE FAKE:

Myth: If you cook, flatter, seduce and confuse a mate then he will fall in love and marry you. If you follow 'The Rules' and appear mysteriously unavailable you will end up happily married.

The Truth is... this approach may work for awhile but then you are married and your partner does not know who you really are! Great marriages are sustained through honesty, integrity and true

*intimacy. Don't become another divorce statistic. Be yourself from the start and know that the right partner will stick around, forever.*