

THE RIGHT SUNGLASSES FOR YOU, AND YOUR FACE SHAPE

If you're thinking of some new shades for summer, but you're overwhelmed by all the choices, style expert Katrina Szish stopped by The Early Show on Monday, April 6, 2009 to help. She called on some models, as well:

With so many styles out there, buying sunglasses can be an overwhelming task, but it doesn't have to be. Figuring out the shape of your face will help you determine which STYLE of sunglasses will be most flattering:

WHAT ARE THE PERFECT GLASSES FOR YOUR FACE SHAPE?

Adding sunglasses or eyeglasses to a wardrobe can change an entire look. Here are some basic tricks to guarantee A+ perfection for the four most common face shapes.

SQUARE-SHAPED FACE

Square-shaped faces have a strong jaw line and equally broad forehead, with predominantly straight lines from top to bottom. For a square-shaped face, try following these simple guidelines:

- § Pick frames that are slightly rounded at the edges to soften and balance features
- § Get frames that sit high enough on the face to downplay the sharpness of the jaw line
- § Steer clear of square or rectangular shaped frames, which will exaggerate the squared jaw and brow lines

TRIANGLE-SHAPED FACE

Triangle-shaped faces are broader along the brow than the jaw line. For a triangle-shaped face, try following these simple guidelines:

- § To balance the bottom part of the face with the brow, try frames with a thin rim and vertical lines (such as cat-eye, teacup or aviators)
- § Try frames that do not sit too high on the face to downplay the triangular shape
- § Avoid large frames, heavy nose bridges, bold colors and square shapes

ROUND FACE

Round faces have soft curves with similar width and length. For a round face, try following these simple guidelines:

- § To downplay the roundness, select frames with straight or angular lines (such as rectangle or square frames)
- § Deep color such as black or tortoiseshell also minimizes fullness
- § Thin metal frames are another flattering option because they focus attention away from the sides of the face

HEART-SHAPED FACE

Heart faces are broad at the forehead and cheekbones, and narrow at the chin. With its delicate jaw, this face shape is the most feminine of all. For a heart-shaped face, try following these simple guidelines:

- § To broaden the appearance of the chin and draw more proportion throughout the face, try thin, light metal or clear plastic frames that have broader bottom halves.
- § Stay away from big, heavy glasses, which will draw attention away from the best features
- § Avoid cat-eyes or wrap-arounds

OVAL FACE

Oval faces are longer than they are wide and have balanced features. For an oval face, try following these simple guidelines:

- § The oval-shaped face can wear almost any frame style as long as the frames are no wider than the broadest part of the face
- § Frames should cover as much of the center of the face as possible in order to minimize length. Avoid frames that are too narrow as it makes the face appear longer
- § Cat-eyes, wraparounds and square or rectangle oversized plastics work best

MODEL #1 Amanda Ashe - SQUARE

SPLURGE:

CHRISTIAN DIOR, \$345 SOLSTICESTORES.COM

STEAL:

MARC BY MARC JACOBS, \$98 SOLSTICESTORES.COM

MODEL # 2: Janjay Sherman- ROUND

SPLURGE:

MARC JACOBS, \$495 SOLSTICESTORES.COM

STEAL:

ARMANI EXCHANGE, \$70 SOLSTICESTORES.COM

MODEL #3: Kara King - OVAL

SPLURGE:

MIU MIU, \$195 MIU MIU BOUTIQUES

STEAL:

BANANA REPUBLIC, \$98 BANANAREPUBLIC.COM

MODEL # 4: Crystal Fanale - HEART

SPLURGE:

CHRISTIAN DIOR, \$295 SOLSTICESTORES.COM

STEAL:

JUICY COUTURE, \$98 SOLSTICESTORES.COM