



Analyzing Your Seven Stories

Now it is time to analyze your stories. You are trying to look for the threads that run through them so that you will know the things you do well that also give you satisfaction. Some of the questions below sound similar. That's okay. They are a catalyst to make you think more deeply about the experience. The questions don't have any hidden psychological significance.

If your accomplishments happen to be mostly work-related, this exercise will form the basis for your "positioning" or summary statement in your résumé, and also for your two-minute pitch.

If these accomplishments are mostly not work-related, they will still give you some idea of how you may want to slant your résumé, and they may give you an idea of how you will want your career to go in the long run.

For now, simply go through each story without trying to force it to come out any particular way. Just think hard about yourself. And be as honest as you can. When you have completed this analysis, go on to the next exercise. **Do this page first.**

Story #1. _____

What was the *main accomplishment* for you? _____

What about it did you *enjoy most*? _____

What did you *do best*? _____

What was your *key motivator*? _____

What *led up to your getting involved*? (e.g., assigned to do it, thought it up myself, etc.) _____

What was your *relationship with others*? (e.g., leader, worked alone, inspired others, team member, etc.) _____

Describe the *environment* in which you performed. _____

What was the *subject matter*? (e.g., music, mechanics, trees, budgets, etc.) _____

Story #2. _____

Main accomplishment? _____

Enjoyed most? _____

Did best? _____

Key motivator? _____

What led up to it? _____

Your role? _____

The environment? _____

The subject matter? _____

We are here to be excited from youth to old age, to have an insatiable curiosity about the world . . . We are also here to help others by practicing a friendly attitude. And every person is born for a purpose. Everyone has a God-given potential, in essence, built into them. And if we are to live life to its fullest, we must realize that potential.

Norman Vincent Peale

Story # 3. _____

Main accomplishment? _____

Enjoyed most? _____

Did best? _____

Key motivator? _____

What led up to it? _____

Your role? _____

The environment? _____

The subject matter? _____

Story # 4. _____

Main accomplishment? _____

Enjoyed most? _____

Did best? _____

Key motivator? _____

What led up to it? _____

Your role? _____

The environment? _____

The subject matter? _____

Story # 5. _____

Main accomplishment? _____

Enjoyed most? _____

Did best? _____

Key motivator? _____

What led up to it? _____

Your role? _____

The environment? _____

The subject matter? _____

Story # 6. _____

Main accomplishment? _____

Enjoyed most? _____

Did best? _____

Key motivator? _____

What led up to it? _____

Your role? _____

The environment? _____

The subject matter? _____

Story # 7. _____

Main accomplishment? _____

Enjoyed most? _____

Did best? _____

Key motivator? _____

What led up to it? _____

Your role? _____

The environment? _____

The subject matter? _____